

| WK 1   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY |
|--|--|--|--|--|--------|
| A: Lincolnshire Fishcake                               | A: Beef burger   | A: Creamy chicken pasta bake                           | A: Wholemeal French bread pizza                        | A: Chicken meatballs and tomato sauce                  |        |
| B: Vegetable fingers (V)                               | B: Vegetable burger (V)                                | B: Vegetable Tikka Masala with garlic bread (V)        | B: Rainbow vegetable rice (V)                          | B: Mild vegetarian chilli (V)                          |        |
| C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo |        |
| with mac & cheese, garden peas                         | with mashed potatoes, gravy & mixed vegetables         | with rice and sweetcorn                                | with baked beans or sliced green beans                 | with oven baked chips & peas                           |        |
| Chocolate mousse, Yoghurt or fresh fruit               | Strawberry jelly & cream, Yoghurt or fresh fruit       | Chocolate chip muffin, Yoghurt or fresh fruit          | Vanilla sponge & custard Yoghurt or fresh fruit        | Fruit shortbread or watermelon Yoghurt or fresh fruit  |        |

| WK 2   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY |
|--|--|--|--|--|--------|
| A: Vegetarian lasagne                                  | A: Hot dog with tomato sauce                           | A: Minced beef & onion pie                             | A: Fish fingers  | A: Breaded chicken breast steak                        |        |
| B: Cheesy pasta bake (V)                               | B: Vegetarian hot dog (V)                              | B: Vegetarian bolognese (V)                            | B: Cheese & bean slice (V)                             | B: Cheese & tomato melt (V)                            |        |
| C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo |        |
| with garlic bread & mixed vegetables                   | with hash brown & sweetcorn                            | with new potatoes or pasta baby carrots & peas         | with mashed potato & spaghetti hoops or green beans    | with oven baked chips & garden peas                    |        |
| Blueberry muffin Yoghurt or fresh fruit                | Chocolate concrete or melon, Yoghurt or fresh fruit    | Jelly & fruit cocktail, Yoghurt or fresh fruit         | Marble sponge cake, Yoghurt or fresh fruit             | Vanilla sponge cake, Yoghurt or fresh fruit            |        |

| WK 3  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY |
|---|--|--|--|--|--------|
| A: Pasta swirls with cheese & Ham or tomato & basil sauce | A: Jumbo sausage                                       | A: Chicken tortilla wrap                               | A: Braised pork with Yorkshire pudding & gravy         | A: Breaded fish fillet                                 |        |
| B: Cauliflower & broccoli Cheese bake (V)                 | B: Vegetarian sausages (V)                             | B: Cheese tortilla wrap (V)                            | B: Quorn roast with gravy (V)                          | B: Vegetable spring roll (V)                           |        |
| C: Jacket potato with baked beans, cheese or tuna mayo    | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo | C: Jacket potato with baked beans, cheese or tuna mayo |        |
| with rice salad, peas & homemade coleslaw                 | with mashed potato & baked beans or diced carrots      | with garlic & tarragon pasta, sweetcorn & garden peas  | with roast potatoes & mixed vegetables                 | with oven baked chips & garden peas                    |        |
| Vanilla ice cream, Yoghurt or fruit                       | Fruit jelly & cream, Yoghurt or fresh fruit            | Biscuit assortment mini pack Yoghurt or fresh fruit    | Apple crumble or melon slices, Yoghurt or fresh fruit  | Raspberry ripple ice cream, Yoghurt or fresh fruit     |        |

\*Sandwich lunch inc salad, dessert and fruit option available daily –Ham, Cheese or Tuna. Please order in advance to ensure availability\*